



Living safely with lead Newsletter

2014 Alliance Update

- **Squeaky Activity Book**
Designed to help parents and carers teach young children how to be lead smart. This book is full of fun and exciting activities to teach our children about the Alliance's key messages of wet wipe, wash and eat well.
- **Routine testing at Mount Isa Hospital**
This year Mount Isa Hospital is undertaking routine blood lead testing on all children under five years of age that come to the hospital for other blood tests. The new program aims to increase the number of children tested annually, ensuring any higher risk groups of children are identified and interventions can be offered to minimise the risk of continued lead exposure.
- **Healthy Tucker For You and Your Mob**
Healthy Tucker is a recipe book that has been developed for the indigenous community to assist in raising awareness in the importance of healthy eating and the reduction of the possibility of elevated blood lead levels in parents and children. This book includes recipe ideas which promote foods culturally relevant to the indigenous community, which contain the vitamins and minerals to assist in the reduction of lead absorption into the blood stream.

FREE CALL 1800 457 547

Visit our website: www.livingwithlead.com.au
Like us on Facebook: fb.com/LivingWithLeadAlliance
Follow us on Twitter: twitter.com/LivingWithLeadAlliance

ISSUE FOUR | OCT—DEC 2014

UPCOMING EVENTS

- **Centacare Mega Play Group**
Where: Library Park
Date: 22nd October
Day: Tuesday
Time: 9am-12pm
Theme:

QUESTIONS ABOUT LEAD?

If you have any questions about living safely with lead in Mount Isa, go to www.livingwithlead.com.au and download our Q & A and fact sheet.

Alternatively, call us on:

FREE CALL 1800 457 547

FREE BLOOD TESTING

QML Pathology
13a Isa Street, Mount Isa
Phone: 07 4743 4299
OPEN: Monday—Friday 7.30am to 2.00pm

CONTACT US

FREE CALL: 1800 457 547
Phone: 07 4743 4393
Mobile: 0458 401 036
Email: projectofficer@livingwithlead.com.au
Website: www.livingwithlead.com.au
Post: PO Box 345, Mount Isa, Qld 4825